Manchester Royal Eye Hospital
Nurse and Allied Professional Conference
Wednesday 21st October 2015

Going from good to great...
Welcome

It is with great pleasure that I welcome you to our first dedicated nursing and allied professional study day at the Manchester Conference Centre.

Following the success our Bicentenary celebrations in 2014, we were keen to keep the momentum going. Coupled with a vision of ‘going from good to great’, we wanted to put ophthalmic nursing at the heart of the vision for a study day created for ophthalmic nurses (and allied professionals), by ophthalmic nurses.

Ophthalmic nurses are always very passionate about their specialism and the expert care they extend to their patients, despite the continued pressures of working in healthcare. We wanted to embrace this by providing dedicated sessions relating to specific areas of ophthalmic care – theatre, vitreo-retinal, anterior and emergency eye care.

We have also invited some of the most well-known and respected professionals in the ophthalmic nursing world, including Mary Shaw, Senior Lecturer at the University of Manchester and Professor Janet Marsden, Manchester Metropolitan University.

We hope that you enjoy the day and find the sessions stimulating, and make the most of the opportunity to network with your ophthalmic colleagues.

John Cooper
BSc(Hons), MRes(Clin), MSc, RGN
Advanced Nurse Practitioner and Oculoplastic Specialist Nurse
Manchester Royal Eye Hospital

Foreword

Welcome to the Manchester Royal Eye Hospital Ophthalmic nursing conference. Having recently taken up post as Head of Nursing at MREH, I can’t help but feel overwhelmed by the enthusiasm and the passion of the ophthalmic nursing team that have put this day together.

The programme reflects this with dedicated specialist sessions that will provoke insight and discussion. This is augmented with the contribution of nationally and internationally renowned keynote speakers, who will bring their considerable experience and knowledge.

Manchester Royal Eye Hospital and it's nursing team have set an auspicious initiative to develop ophthalmic nursing care - ‘Going from good to great’, and I hope that you will get a sense of what we intend to achieve from the day.

I hope you enjoy the conference and that you will be encouraged, motivated and inspired by having attended. I think ophthalmic nursing care is in good hands.

Sara Renwick
Head of Nursing
Manchester Royal Eye Hospital
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<td>09.00am – 09.10am</td>
<td>Introduction and Welcome - John Cooper, Manchester Royal Eye Hospital</td>
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<td>09.10am – 09.45am</td>
<td>Key Note Speaker - Mary Shaw, University of Manchester</td>
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<td>09.45am – 10.10am</td>
<td>Corneal Cross Linking - Debbie Morley, Manchester Royal Eye Hospital</td>
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<td>10.10am – 10.30am</td>
<td>Mary Bairstow, Vision 20:20</td>
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<td>10.30am – 11.00am</td>
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<td>3.00pm – 3.30pm</td>
<td>Key Note Speaker - Professor Janet Marsden, Manchester Metropolitan University</td>
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<td>3.30pm – 3.55pm</td>
<td>The Advanced Nurse Practitioner in Ophthalmology - John Cooper</td>
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<td>4.00pm</td>
<td>Conference closes</td>
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**Programme Overview**

**Breakout Sessions**

Please choose from:

**Anterior**
- Quality in the Pre-Assessment & Day case service ‘From great to gold’ - Annmarie Lord, Matron
- Glaucoma, Day Phasing v IcareHOME - Karen Cairns, Nurse Practitioner
- Change management in cataract services - Ruth Mulholland, Cataract Unit manager

**Vitreo-retinal**
- Delivery of intraocular injections by ophthalmic nurses - Rita McLauchlan, Specialist Nurse
- Going from good to great in Macular services - Carl Buttner, Charge Nurse

**Emergency Nursing**
- ‘A strange sight threatening Species - Dawn Barnes, Nurse Practitioner
- ‘That’s why I don’t go camping’ - Angela Thomas, Nurse Practitioner
- Role of the advanced nurse practitioner in Emergency Eye Care - John Uddin, Trainee Advanced Nurse Practitioner

**Theatre Nursing**
- Hand holding in theatre - Chrissie Bassue, Recovery Sister
- Latest developments in VR scrub practice - Paul Carlin, Theatre Charge Nurse
- Ophthalmology - Mary Halligan, Theatre Sister
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| **Mary Shaw**  
*Senior Lecturer, University of Manchester*  
Mary undertook her ophthalmic training at Manchester Royal Eye Hospital. She then went on to do her general training at Manchester Royal Infirmary before registering as a RGN. Shortly after this Mary registered her Ophthalmic Nursing Diploma. Initially Mary staffed in medicine and then went on to do midwifery, planning to work in the community.  
Mary worked in orthopaedics before moving into education, where she became a registered clinical teacher and tutor. However Mary still hankered for ophthalmology so she went on to work at Manchester Royal Eye Hospital as a bank staff nurse. She then gained a joint appointment at MREH and the University of Manchester, working there in inpatient services for 20 years. Mary is currently Chair of the RCN Ophthalmic Nursing Forum. |
| **Debbie Morley**  
*Corneal Specialist Nurse, Manchester Royal Eye Hospital*  
Debbie Morley is an ophthalmic trained nurse with 23 years experience. Debbie has worked at Manchester Royal Eye Hospital for over 20 years in both the inpatient and outpatient departments. Debbie has also worked in Australia in the eye emergency department at Sydney Eye Hospital, New South Wales.  
For the past 13 years, Debbie has been a Corneal Specialist Nurse at Manchester Royal Eye Hospital. Debbie is particularly interested in patients who require treatment for Keratoconus and Corneal Transplantation. Debbie is also the nursing lead for the Laser Vision Correction unit and for all corneal investigations including confocal microscopy. Debbie also contributes to the education and training of ophthalmic nursing students at The University of Manchester. |
| **Mary Bairstow**  
*Vision 20:20*  
Mary qualified as an Optometrist in 1986 and worked for five years as a Hospital Optometrist. She went on to develop one of the first multi-disciplinary teams in low vision at Birmingham Focus on Blindness (managing OT, Rehabilitation Workers, Orthoptists and Optometrists).  
In 2000 Mary took up a national role (now with Vision2020UK), supporting the development of low vision services through collaborative working. For the last seven years Mary has worked to support the UK Vision Strategy on a local and national basis. Throughout her career in the third sector she has continued to practice on a part-time basis in the NHS, specializing in Low Vision Optometry. |
| **Professor Janet Marsden**  
*Manchester Metropolitan University*  
Janet has been an ophthalmic nurse since completing training and finding that there were no jobs in ‘Casualty’. Her reluctant interest developed into a passion for ophthalmic nursing. With a foot in both ophthalmology and emergency practice, she has published extensively in both fields including two key ophthalmic nursing textbooks and many professional and research papers in areas of emergency care, ophthalmology and advanced practice in nursing.  
She is Consultant Editor of the International Journal of Ophthalmic Practice and an editor of ‘Emergency triage’ the textbook of the Manchester triage system, developed in Manchester and now widely used internationally. She chaired the Ophthalmic Nursing Forum of the RCN for a number of years, leading major projects such as collaboration on Continuing Professional Development and a competence framework for ophthalmic nursing which she introduced into Australia. With a chair in Ophthalmology and Emergency Care from Manchester Metropolitan University Janet leads the Centre for Effective Emergency Care (CEECC). She has a Masters degree in Emergency Medicine and retains roles in practice. She also has an honorary chair with City University and strong international links in both emergency care and ophthalmology. |
Karen Cairns,
Nurse Practitioner - Glaucoma, Day Phasing v IcareHOME

Karen works in the Outpatients Department of Manchester Royal Eye Hospital, with patients of different age groups, and different ophthalmic problems and underlying co-morbidities. Following a 12 month secondment in the Glaucoma team earlier this year, Karen has continued to expand her skills in this area of ophthalmic nursing, and is undertaking an MSc Module in Glaucoma. She has worked regularly within the Glaucoma clinics, and during this time she became involved in assisting in the ‘Get a Grip on Glaucoma’ patient education course – improving patient adherence to eye drop regimes and helping patients maintain their independence. More recently, Karen has been involved with the Glaucoma team in reinstating the use of self-monitoring tonometry devices for patients to use at home instead of attending Hospital for day phasing, which she will discuss at the conference.

Annmarie Lord
Matron - Quality in the Pre-Assessment & Day case service: ‘From great to gold’

Annmarie has held a variety of roles and departments at Manchester Royal Eye Hospital, and was the lead nurse in establishing the one stop cataract service that has evolved into the Cataract Service at Withington Community Hospital. Annmarie’s current role is multifaceted, covering ophthalmic and oral pre surgical assessment/day surgery and maxillofacial outpatients. She focuses on the quality of care experienced by patients, and using improvement methodology in order to implement and demonstrate measurable improvements in practice and patient experience. She has presented on this aspect internally, regionally and nationally and it is this experience she will share at the conference.

Ruth Mulholland
Cataract Unit manager - Change management in cataract services

Ruth received her nursing diploma in 2003, and has a keen interest in nurse education, mentoring students and supported nursing development throughout her career. She has a varied nursing experience of medical assessment, medical investigations, managing out-patient services, and day surgery. She also has a strong professional interest in change management and process mapping. Over the last two years her professional focus has been on quality improvement for the Cataract Unit at Withington, successfully utilising ‘lean’ management techniques to involve all and grades of staff at Withington to make improvements to patient experience. Ruth will share her experience of change management and lead a delegate discussion of delegates successful change experience.
Rita McLauchlan
Specialist Nurse - Delivery of intraocular injections by ophthalmic nurses

Rita is an experienced ophthalmic nurse with a Master degree in health care and ophthalmic nursing. She has been at Manchester Royal Eye hospital for 34 years and worked in all areas of ophthalmology. She was appointed as a Vitreoretinal Nurse Practitioner in 1998 and is very active in research and audit. She has published numerous publications in peer-reviewed journals and has presented at national and international ophthalmic nursing conferences, including in the United States, and New Zealand. Having completed her post graduate teacher training she is now regularly involved in the education of nursing staff, and training of ophthalmic nursing students at the University of Manchester.

Julie Bremner
Sister - Macular Treatment

Julie began her nursing career in Ophthalmology 14 years ago as a Staff Nurse at The Royal Oldham Hospital. She worked on a ward treating patients with a variety of ophthalmic conditions such as cataracts, retinal detachments and glaucoma. In 2008 Julie saw an opportunity to develop her knowledge and skills within the specialty of Glaucoma and she was appointed as a Glaucoma Nurse within the same Trust. During the six years in post it was evident that age related macular degeneration and its treatments had come to the forefront of Ophthalmology. Julie wanted to be part of this burgeoning area and in 2014 she secured a role as a Sister/Nurse Led Injector at the Manchester Royal Eye Hospital and has subsequently completed her competency-based training in April 2015.

Carl Buttner
Charge Nurse - Going from good to great in Macular services

Carl started working at Manchester Royal Eye Hospital in 1996 as a newly qualified staff nurse, commencing his Cataract Nurse Practitioner training in 2001. In 2005 Carl became the Charge Nurse on the new PDT Suite where he treated patients with AMD. During the ensuing years Carl has been part of the development of the unit (which due to the change in treatments is now called the Macular Treatment Centre), and witnessed the expansion of the service we provide. In the last year Carl has undertaken the nurse injector training and is now one of a team of nurse injectors, as well as maintaining his role as Charge Nurse.

Lisa Haydock
Clinical Specialist Nurse, Macular Treatment Centre

Lisa Haydock is an Ophthalmic Nurse working as a Clinical Nurse Specialist on the Macular Treatment Centre at Manchester Royal Eye Hospital. She works in the department for one day a week, carrying out intravitreal injections of Anti VEGF drugs for the treatment of Macular degeneration, diabetic retinopathy and retinal vein occlusion. Her primary role is at the Cataract Centre. Lisa is enthusiastic about all things ophthalmology, and is active on social media sharing information on good practice and ophthalmic related topics.
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<th>Speaker Name</th>
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| **Dawn Barnes**              | Nurse Practitioner, Emergency Eye Centre      |‘A strange sight threatening species’  
Dawn started her training on an acute medical/cardiac ward for two years before moving to Manchester to do her ophthalmic training in 1984. Dawn has worked in various departments and wards in the eye hospital during her years at MREH, eventually moving to the Emergency Eye department after completing her conversion course in 1991. She was one of the first ophthalmic nurse practitioners. She also spent a year at St Helens working as an advisor to facilitate a skill mix change and refurbishment of the ophthalmic outpatients unit. |
| **Angela Thomas**            | Nurse Practitioner, Emergency Eye Centre      |‘That’s why I don’t go camping’  
Angela Thomas has worked at the Trust for over 30 years. Starting as an enrolled nurse, Angela studied for the ophthalmic nursing certificate and worked on many of the wards at the Manchester Royal Eye Hospital. Angela was one of the first Nurse Practitioners working within the Manchester Royal Eye Hospital Emergency service, and has continued to develop within the role, becoming a Non-Medical Prescriber. |
| **John Uddin**               | Advanced Nurse Practitioner - The role of the advanced nurse practitioner in Emergency Eye Care |  
John began his ophthalmic training in 1983, and came to work at Manchester Royal Eye Hospital in 1988. He has recently completed his Advanced Nurse Practice course at Salford University. John has always had an interest in acute ophthalmology and trained as a nurse practitioner in the Emergency Eye Centre. He has always believed in stretching the boundaries of clinical practice in nursing. |
| **Chrisilda Bassue**         | Recovery Sister                               |Hand-holding in theatre  
Chrisilda trained at the Manchester Royal Infirmary and has worked at Manchester Royal Eye Hospital for eighteen years. Throughout her career Chrisilda has endeavoured to improve the nursing care given to her patients, acting as a positive role model to the clinical staff whom she has mentored, and supporting staff through her work as a Unison representative. Chrisilda’s main interest is pain management both acute and chronic, and after undertaking the EMB Rheumatology Course and Centra Counselling Course, conventional and complementary therapies are also of interest to her. |
| **Paul Carlin**              | Theatre Charge Nurse                          |Latest developments in VR scrub practice  
Paul has worked at Manchester Royal Eye Hospital since 1991, initially working on the wards before transferring to theatres 20 years ago. Paul is qualified in both anaesthetics and recovery nursing, and has been the Vitreoretinal lead in theatre since 2002. He is actively involved in research and has presented at various meetings, including the American Academy of Ophthalmology in 2003. |
| **Mary Dunphy**              | Theatre Sister                                |Paediatric Ophthalmology - Goniotomy  
Mary had a particular interest in ophthalmic nursing after qualifying, so she joined the Manchester Royal Eye Hospital theatres and has worked here for twenty five years. Mary’s main role has been that of scrub practitioner, where she has gained experience in oculoplastic, corneal, vitre-retinal and Paediatric cases. Mary has also worked on the private ward at Manchester Centre for Vision, where she gained knowledge of ward and out-patients nursing. Mary is also the paediatric lead. |