Welcome to the Newsletter

This is the 5th issue of the Nursing and Midwifery Revalidation News. In this issue, you will find an update of how revalidation is being implemented within CMFT and also how you can meet the revalidation requirements for your reflective discussion and confirmation.

Revalidation: Update

January saw the launch of revalidation within CMFT where a number of drop in sessions and departmental walks were organised to raise an awareness of revalidation. Further events are being planned in May to facilitate the development of knowledge about revalidation. We are also continuing to facilitate our revalidation workshops to support our registrants due for revalidation from April onwards. The workshops take the registrants through the process of revalidation, supporting them to understand the revalidation requirements and what evidence they need to collate. Registrants are provided with a portfolio template to support the development of their evidence and ensure they collect everything they need to meet the revalidation requirements.

Workshops for those who will act as confirmers have also commenced. These workshops prepare confirmers for their role of undertaking both the reflective discussion and the confirmation of the registrant meeting the revalidation requirements. The workshop also supports the confirmer through the revalidation process as a registrant to meet the requirements themselves.

The workshops are proving to be very successful and popular. We strongly recommend you book your place as soon as possible. We have organised more dates for the workshops to meet the demand, the dates are available on the CMFT Revalidation webpages: http://nmc-revalidation.staffnet.cmft.nhs.uk/

Spring into Revalidation in May

Revalidation Launch: look out for the revalidation team visiting your area in May as we ‘Spring into Revalidation’. Details will be circulated via the revalidation webpages in April: http://nmc-revalidation.staffnet.cmft.nhs.uk/

One of the 1st Nurses to confirm a registrant has met the revalidation requirement:

Annmarie Lord confirmed Karen Cairns in February and told the newsletter, “I attended a confirmers revalidation workshop that I found very informative. The workshop provided a forum to discuss the process, roles, and responsibilities of the confirmer in the revalidation process. This was reassuring. During the session we were genuinely encouraged not to leave the session with any questions unanswered or with any concerns that had not been discussed.

I found the documentation developed by the Trust clear, with a step by step flow chart that supports both parties in the process to complete all requirements in a straight forward, structured manner. The registrant herself was organised, engaged and motivated and we both found the process straight forward.”

Karen Cairns (Registrant) & Annmarie Lord, Matron (Confirmer)
In issue 6: Acting as a Reflective Discussion Partner and a Confirmer

For further information about revalidation please email: ask.nmcrevalidation@cmft.nhs.uk

Start Preparing for Revalidation

- Register with NMC Online: [http://www.nmc.org.uk/registration/nmc-online/](http://www.nmc.org.uk/registration/nmc-online/)
- Record all CPD activity, keeping certificates
- Record any feedback you receive from 3rd parties
- Visit the NMC Revalidation pages on: [http://www.nmc.org.uk/standards/revalidation/](http://www.nmc.org.uk/standards/revalidation/) for further information

NMC Revalidation Requirement: Reflective Discussion

The reflective discussion is an essential part of the revalidation process. Within CMFT you will have your reflective discussion with your line manager, demonstrating that you have completed 5 written reflective accounts. If your line manager is not an NMC registrant you will need to have this discussion with the person who has professional responsibility for you. This must be a face to face discussion about your learning, how you have developed and how this links to the NMC Code. You must ensure that the NMC registrant with whom you had your reflective discussion signs the NMC approved form recording their name, NMC Pin and email, as well as the date you had the discussion. They will also write a short summary of this discussion on the form.

NMC Revalidation Requirement: Confirmation

Within CMFT nurses and midwives will need to demonstrate to their line manager that they have met all of the revalidation requirements, every three years. This is known as ‘confirmation.’ The confirmer is being asked to confirm whether the nurse or midwife has demonstrated that they have met the requirements for revalidation.

Registrants will give their portfolio to their line managers 2 weeks prior to their confirmation meeting.

During this meeting, which must be face to face, you will discuss your evidence with your confirmer. This discussion will include the impact of learning on practice and how it relates to the NMC Code.

The confirmer must complete the mandatory NMC Confirmation form, of which a copy must be kept in your portfolio, the other will be kept in your personal file.

REFLECTIVE DISCUSSION and CONFIRMATION ensures nurses and midwives do not practise in professional isolation and discuss their professional development and improvement with a 3rd party.

TOP TIP

Complete your Revalidation Evidence Portfolio and book your appraisal / reflective discussion / confirmation meeting at least 4 – 8 months before your revalidation application is due.

Big thank you to everyone who has supported the development of the ‘Revalidate with Confidence in CMFT’ film

Many staff including the pilot participants and their confirmer played a huge role in the development of the revalidation film. This short film is intended to support you, our registered nurses and midwives, in preparing your evidence to meet the NMC Revalidation requirements. You can view the film now on the revalidation webpages: [http://nmcrevalidation.staffnet.cmft.nhs.uk/support-and-resources.aspx](http://nmcrevalidation.staffnet.cmft.nhs.uk/support-and-resources.aspx)

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