Royal Manchester Children’s Hospital

School Re-integration Programme – Returning To School After A Burn Injury

Information For Parents/Carers
What is the school re-integration programme?

The school re-integration programme is offered to children/young people to support their return to school after a burn injury.

The school re-integration programme is an opportunity to:

- Encourage acceptance back into school and allow a child to feel more confident.
- Educate the school about the causes, treatment and prevention of burns.
- Explain the physical and psychological needs of a child following a burn injury.

Why is it important?

Returning to school is a major step for both a child with a burn injury and their family, as well as the staff and children at their school.

The child may have worries about not being accepted, teasing or bullying, changes in their appearance and renewal of friendships. These may be concerns not only for your child, but also for their classmates and teachers. School re-integration gives an opportunity to reduce these fears and anxieties.

The sooner a child returns to school the easier the adjustment will be. The school re-integration programme helps to reduce the time it takes for a child to return back to school.
Does it matter how old my child is?

No. We have developed specific programmes which vary in content and length to suit children of all age groups from nursery to secondary school.

What happens during the visit?

The school visit is carried out by a team from the hospital’s Burns Service. This usually consists of a number of members from the following professions:

- Play Specialist
- Nurse
- Psychologist
- Physiotherapist
- Occupational Therapist

For nursery and junior school aged children we use puppets to interact with the children and there is an opportunity for them to explore the application of bandages, pressure garments and splints.

The senior school programme involves a presentation to educate young people about burn injuries, this involves the structure of the skin and how it heals, first aid, and social stigma following a burn injury.
Will my child be present during the presentation?

It is entirely up to your child whether they want to be present at the visit or not, and this will be decided in discussion with you and your child before the visit. Your child may find it beneficial if they are present as it helps as a welcome back. The hospital staff can support your child with any questions their classmates may ask.

Is the presentation given to the teachers or to the children?

Usually both are present. Sometimes an extra session with the teachers may be arranged after the presentation to discuss any extra needs your child may have at school, for example specific care or exercise programmes which may need to be performed during the school day.

How successful has the programme been for other children?

We have had a positive response from all children, families and teachers involved in the programme. The length of time from going home from the Burns Service to returning to school has been reduced with the introduction of the programme.
Contact details

If you would like a school visit to be arranged for your child or would like any further information regarding the school re-integration programme please speak to a member of staff from the Burns Service on 0161 701 8123 or telephone the Programme Co-ordinator on 0161 701 8145.
No Smoking Policy

The NHS has a responsibility for the nation’s health.

Protect yourself, patients, visitors and staff by adhering to our no smoking policy. Smoking is not permitted within any of our hospital buildings or grounds.

The Manchester Stop Smoking Service can be contacted on Tel: (0161) 205 5998 (www.stopsmokingmanchester.co.uk).

Translation and Interpretation Service

Do you have difficulty speaking or understanding English?

आपने कि इंग्रेजी में बुझते ही किंगा रुझाते परेरेंगे ?  (BENGALI)
क्या आपको अंग्रेजी बोलने या समझने में कठिनाई हैं ?  (HINDI)
तमें भाषा कारण वातमैल कृतांत मुस्केदी आवै छे ?  (GUJARATI)
विड उड़रुवु अंग्रेजी वेल्ड नं माहानत विभिन्न विभिन्न रै ?  (PUNJABI)
Miyey ku adagtahay inaad ku hadasho Ingiriisida aad sahamto (SOMALI)
هل لديك مشاكل في فهم أو التكلم باللغة الإنجليزية ؟ (ARABIC)
你有困難講英語或明白英語嗎？ (CANTONSESE)
کیا آپو آنگریزی میں بھی اور میں نے وقت میں یہ؟ (URDU)

0161 276 6202/6342

Burns Unit Programme Co-ordinator
Telephone: 0161 701 8145
Monday, Tuesday, Thursday or Friday 7.30 am – 4.30 pm
Royal Manchester Children’s Hospital
Oxford Road, Manchester M13 9WL

www.cmft.nhs.uk

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