Greater Manchester Chlamydia Screening Programme

Screening Guide

Central Manchester University Hospitals NHS Foundation Trust

www.RUclear.co.uk

Moss Side Health Centre
Monton Street
Manchester
M14 4GP
Tel: 0800 046 1303
Fax: 08432 166 266
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1. Introduction

- Genital Chlamydia trachomatis is the commonest sexually transmitted infection in the UK. Chlamydia is associated with high levels of long term morbidity.

- Approximately 1 in 10 sexually active young people under the age of 25 has Chlamydia.

- By offering opportunistic screening to asymptomatic young people in a wide variety of settings we aim to reduce prevalence within the population and reduce the long term morbidity.

- The Local Authorities need to achieve as an outcome measure 2,300 positives per 100,000 of the 15-24 year old population as per the Public Health Outcomes Framework 2013-16

2. Background to RU Clear Chlamydia & Gonorrhoea

The Department of Health began the roll out of the National Chlamydia Screening Programme in 2002, with an expectation that all areas across England have a Chlamydia (NHS) screening programme up and running by March 2007. Greater Manchester is a phase III site and roll out of a screening programme commenced in October 2006.

The RU Clear Programme is provided by a network of young peoples’ services working together, with coordination provided by the RU Clear team.

The testing platform used across Greater Manchester is the Gen-probe Aptima 2 combo assay which tests for both Chlamydia and Gonorrhoea. For this reason all young people screened for Chlamydia will also be tested for Gonorrhoea.

3. RU Clear

RU Clear is funded by Local Authorities and provides co-ordination of the programme, training, testing kits & materials, lab costs, publicity, information leaflets & posters, support & advice and management of a results service. The results team follow up positive patients who fail to attend treatment appointments and carry out partner notification.

3.1 Results Service

The RU Clear Office will notify all young people of their test results and arrange treatment when necessary at a site, date and time to suit them. Where the site holds clinical notes, the test initiators will get a copy of the test result for their information. Notification of successful treatment will also be made. RU Clear will carry out partner notification and also manage anyone who fails to attend for treatment.
4. Young Person Selection

4.1 Inclusion Criteria

• Young men and women from their 13th birthday to their 25th birthday. (Under 16s must be competent to consent to the Screening Test)

• All sexual partners of those found to be Chlamydia positive irrespective of age.

• Young people with signs and symptoms of Chlamydia should be screened as part of the screening programme and fast tracked to a GUM clinic or managed in-house by a venue with STI management skills.

4.2 Exclusion Criteria

• Young men and women who have had a positive Chlamydia test in the last 8 weeks.

• Children under 13 – local policies for safeguarding should be followed in these instances. (The Chlamydia screening office can help you to identify the designated Nurse for safeguarding children in your area)

• Young women and men aged over 25 who are not partners of a Chlamydia positive index young person. (Diagnostic testing documentation should be completed in these instances).

4.3 Frequency of Screening

• All eligible young people in contact with the screening site for the first time should be offered a test.

• Repeat tests should be advised and offered every time the young person has put themselves at risk of Chlamydia and at each change of sexual partner.

• Young people should be advised to be tested annually.

• A minimum of 8 weeks after completion of treatment is recommended between tests for people that have had a Chlamydia positive result.

5. Offering a Test

On arrival at the testing site the young person should be offered information about Chlamydia screening and Gonorrhoea to read whilst they are waiting for their consultation with the health professional.

Once the young person meets with the health care professional/staff member and the original reason for attendance has been discussed, Chlamydia screening with the Gonorrhoea test can be offered during the consultation.

See appendix 2 - ‘Management pathway for young people attending the Chlamydia tests.’

5.1 Consent

Written consent is not required, as completing the request form and producing a specimen implies consent.
6. Completing The Test Form

If a Chlamydia test is accepted, the form supplied by the Chlamydia screening service MUST be used and should be completed in black ink, using block capitals inside the boxes. This will reduce the number of errors as the form is scanned.

How to complete the form:

A. White parts of laboratory form – tester to complete

How to complete the form:

1. Sender details – including screener’s initials, and site code label that RU Clear will provide you (NHS number leave blank)

2. Date of specimen

3. Specimen details (type of specimen)

4. Symptoms – for details on Symptoms – see Section 8

5. Age group

6. Reason for the test

IMPORTANT - All the information above is needed in order for the sample to be accepted by the lab. Failure to include all relevant details will result in the sample not being tested.
B. Yellow parts of form

Yellow parts of form – to be completed by the young person. Staff to explain how to mark the form for the scanner to read. Staff may complete the form on behalf of the young person.

PLEASE TRY AND GET A POSTCODE FROM THE YOUNG PERSON (FOR DATA COLLECTION PURPOSES ONLY).

C. Staff to check:

- Is preferred method of correspondence ticked?
- Is there at least one method of contact listed?
- Explain that if the result is positive the RU Clear Office will telephone in the first instance (not text).
- If contact details are declined then there is no point in taking the test

D. The young person is to be given the test information card with RU Clear Office number on and reference number (CRN) sticker attached to the card.

E. Sample Labelling

- Complete DOB on sticker - must be clear and match what is on the screening from
- Ensure sticker is affixed to the specimen container (lengthways).
- Specimens without labels or a missing DOB will not be processed

Please see appendix 6 and 7 - Lab acceptance policy and virology guidelines
7. Samples & Testing

All samples will be tested at the Manchester public health laboratory. It’s important that you give the patient clear instructions as to how to take the test.

7.1 Urine Sample (See appendix 5 for instruction leaflet)

The urine specimen that is required is a first catch urine specimen, which should be collected after the client has not passed urine for 1 hour.

- Remove cap of collection tube
- Transfer urine from collection pot using the disposable pipette provided
- Fill to the window on the side of the collection tube
- Replace cap and tighten
- Do not perforate foil cover on the cap
- Ensure the pre printed label is attached to the collection tube horizontally so CRN and DOB are visible.

The date of birth MUST be completed by you!

Place the sample into the plastic bag on the back of the request form and seal.

If a client brings in a urine sample for pipetting, this should be recent and not older than 24 hours.

7.2 Self taken Vulvo-vaginal swab (See appendix 6 for instruction leaflet)

Once comfortable, point the end of the swab at your vagina opening and gently insert it into the vagina, as if inserting a tampon. Twirl the swab for approximately 10 - 20 seconds, ensuring it is touching the inside of the vagina. Then remove the swab slowly.

- Remove cap of collection tube
- Place swab in collection tube
- Break off swab at the mark
- Replace cap and tighten – the shaft of the swab must not obstruct the cap
- Do not perforate foil cover on cap
7.3 Sample storage
Once samples are within the medium, they can be stored **without** refrigeration. Urines are stable for 30 days and vulvo-vaginal stable for 60 days.

7.4 Transport
All specimens should be placed on existing transport into local laboratories, who will forward it to MRI. Those sites with no means of collection should contact the R U Clear office to discuss alternative options.

8. Young People with Symptoms:
Complete current symptoms on screening form with patients. Any patient describing symptoms should be screened using the self assessment Sheet appendix 4.

The management pathway for people under 25 describing symptoms should be followed to identify the best course of action. see appendix 3.

Where the Testing site does not have STI management skills advise to attend GUM.

8.1 It's important that patients with the following symptoms should still be screened but advised to attend a GUM clinic.
- Abdominal pain
- Sores around the genitals
- Inflamed or swollen testicles
- Bleeding between periods or after sex
- Painful when having sex

For a list of GUM clinics - see appendix 1
9. What Happens Next

9.1 Results
The RU Clear Office will notify the young person of their test results. If a young person has not received a result after 2 weeks, they can phone the RU Clear office to get their result.

Negative Results
Negative results will be notified within 2 working days of the Lab returning the test result to the RU Clear office. Only one attempt is made to contact negative patients by phone.

Positive Results
If the test is positive the RU Clear office will arrange a treatment appointment. The young person will be notified by letter or phone call within 1 working day of the laboratory returning the result to RU Clear.

NOT TESTED RESULTS - RU Clear will contact the patient within 1 working day of laboratory returning result. Patients will be offered a retest and the original screening site will be notified that the sample wasn’t tested.

9.2 The Text Messages
Negative results will receive the text message:
“Your Chlamydia and Gonorrhoea tests were negative – no infection was seen. Please contact us if you have any questions on 0800 046 1303.”

Positive results will receive text messages from the second contact.

9.3 Treatment
First line treatment for Chlamydia is Azithromycin IG given as a concentrated dose of 4 tablets. Antibiotics are free and patients are expected to take the tablets when they attend their appointment.

Partner notification forms are supplied to all treatment sites and should be completed and faxed back to RU Clear wherever possible. All Gonorrhoea patients are referred to GUM and tier 2 treatment sites for management.

9.4 Information for the screener (clinical sites only)
• If you are a clinical site with patient records you will get a copy of the results for your information only, unless otherwise indicated.
• You will get a letter telling you that someone has been successfully treated for your information only.
• If we do not manage to confirm treatment in a young person with Chlamydia we will write to you, so you can flag this in their notes. If they should re-attend your service, please contact the RU Clear office to arrange treatment or let us know if they have been treated.
• Under 16 – The RU Clear office will contact all necessary agencies including General Practitioners when a young person under 18 remains untreated.
10. Partner Notification

When the results team arrange treatment appointments current partners will always be encouraged to attend for treatment with the index. Partner notification is to be discussed with any young person attending for treatment. The treatment provider will take details of partners on a PN form and fax this information on to the RU Clear office who will take any action necessary. The young person can choose to inform partners themselves, for the RU Clear Office to inform their partners (provider referral) or a mixture of the two. Where a young person is unwilling to give partner details, no action will be taken by the RU Clear Office.

Follow up and Partner Notification Contact

Contact will be made to follow up all positive patients we have a phone number for, either by text or phone call 28 days after the initial result. This is to discuss compliance with treatment and also gives the opportunity to ask whether or not partners have been contacted and treated and to encourage and support with this if not.

11. Incidents & Near Misses

Any incidents relating to testing and treatment of Chlamydia and Gonorrhoea as part of the programme should be identified to the RU Clear office using an incident form, so that appropriate action can be taken. The incident form is at appendix 2.

12. Screening Supplies and Auditing.

Screening sites will order supplies from 2 places.

Option 1 - The RUClear office (in Bold) - for screening forms, information cards, posters and patient leaflets you will need to fax the RUClear office and order form. This form can be found on our website to download under The Health Professional section or appendix 2 in this booklet.

Option 2 - The MRI Labs (in Bold) - To order the urine and swab kits needed to undertake screening you will need to fax an order form to the virology department at the MRI. This can again be found on our website or appendix 10 at the back of this booklet.

IMPORTANT - When filling out order forms it is essential that you supply your site name and address and your chlamydia screening site code. This will expedite your delivery.

All orders are sent within 5 days of receipt.

* If you do not have a fax facility please contact the RUClear office on 0800 046 1303 to discuss alternative arrangements.

13. Further Information

For more request forms/advice and information call 0800 046 1303.

RU Clear website www.RUClear.co.uk

For more information regarding RU Clear chlamydia Screening for Health Professional, please visit our website.

Request Forms, Order Forms and Master Copies can be found online or by calling our office on 0800 046 1303
List of GUM / Sexual Health Clinics: July 2013

Ashton, Wigan and Leigh
Leigh Centre for Sexual Health & Reproductive Medicine
Entrance C, Leigh Health Centre, The Avenue, Leigh
WN7 1HR
Telephone: 01942 483188

The Shine Centre
6 Wigan Galleries
WN1 1AR
Clinic: 01942 483 188
Advice Line: 01942 822 006
Fax: 01942 483 197

Bolton
Bolton Centre of Sexual Health
Minerva Road
Farnworth
Bolton
BL4 0JR
Clinic – Appointments: 01204 390 771
Fax: 01204 390 775

Bury
The Barlow Suite
3rd Floor, Townside PCC
1 Knowsley Street
BL9 0SN
Telephone: 0161 762 1613
Fax: 0161 762 1588

Manchester
Department of Genitourinary Medicine
Hathersage Centre
280 Upper Brook Street
Manchester
M13 0FH
Contact: Health Advisors
Clinic: 0161 276 5211
Clinic – Appointments: 0161 276 5212
Fax: 0161 276 8875

Department of Genitourinary Medicine
North Manchester General Hospital, Outpatients D
Delaunays Road
Manchester
M8 5RB
Central Booking Line: 0161 918 4263
Telephone Advice Line: 0161 720 2712
Fax: 0161 720 2148

Centre for Sexual Health
Withington Community Hospital
Nell Lane
Manchester
M20 2LR
Appointments Line: 0161 217 4939
Fax: 0161 217 4604

Oldham
Oldham Sexual Health
The Integrated Care Centre
New Radcliffe Street
Oldham
OL1 1NL
Telephone: 0300 303 8565
Fax: 0161 621 3622

Heywood, Middleton and Rochdale
Bridge Sexual Health
2nd Floor Stonehill Block
Rochdale Infirmary
Whitehall Street
Rochdale
OL12 0NB
Telephone: 01706 517 686
Fax: 01706 517 652

Salford
The Goodman Centre
Lanceburn Health Centre
Churchill Way
Salford
M6 5QX
Telephone: 0161 212 5717 / 5718
Fax: 0161 212 5721

Stockport
Stepping Hill Hospital
Outpatients B
Stepping Hill Hospital
Poplar Grove
Stockport
SK2 7JE
Clinic: 0161 419 5151
Clinic – Appointments: 0161 419 5370 / 5371
Fax: 0161 419 5153

Tameside and Glossop
Ashton Primary Care Centre
193 Old Street
Ashton-Under-Lyne
OL6 7SR
Telephone: 0161 342 7001
Fax: 0161 342 7145

Trafford
Trafford General Hospital
Moorside Road
Manchester
M41 5SL
Enquiries/Clinic: 0161 746 2621
Fax: 0161 746 2966
Testing & Treatment Pathway for Greater Manchester Chlamydia Screening Programme

**Offer Test**

- **Symptomatic**
  - Fast track to GUM 48 hour access
- **Asymptomatic**
  - If STI mgmnt skills manage in-house

1. **Chlamydia & GC Test**
   - Results to RU Clear office copy to tester

2. **RU Clear office contacts patients**
   - Positive patients
     - RU Clear office discusses treatment options & partner treatment
     - If GC positive
       - Fast track form to GUM or agreed provider
       - Treatment notification sent to RU Clear office
     - If CT positive
       - Offer treatment slots
       - IT system flags up DNAs at RU Clear office
   - If CT positive
     - Offer treatment slots
     - IT system flags up DNAs at RU Clear office

3. **Prison contacts all patients**
   - Treatment notifications & partner forms sent to RU Clear office

4. **DNA patient contacted x2**

5. **Tester (& GP if consent given) notified of failure to treat**

6. **Patient contacts venue to arrange treatment**
   - Patient attends for treatment
Self-Assessment Around Symptoms

Do you have any of the following symptoms?

For women
- Vaginal discharge that isn’t normal for you
- Soreness around the vaginal area
- Pain, burning or discomfort when passing urine (having a wee)
- Deep lower abdominal pain that’s not related to your period and may happen during sex.
- Unusual bleeding e.g. in between periods or after sex

For men
- Pain, burning or discomfort when passing urine (having a wee)
- Discharge from the tip of your penis
- Pain or swelling of your testes (balls)

If you have any of these symptoms, this may mean that you have an infection or another problem that needs further investigation.

You can still do a test today but our advice is that you attend a specialist sexual health clinic for a full check-up and don’t just wait for the result. The person you are seeing today can help you arrange this.

If you make an appointment make sure to tell them that you have symptoms.

You can always phone RU Clear for more advice on 0800 046 1303.
Protocol For Pipetting Of Urine

The Chlamydia test is extremely sensitive, following this step by step protocol will reduce the risk of cross contamination between samples.

✓ Wash your hands
✓ Prepare the area. Place a paper towel onto a clean work surface (as for pregnancy testing)
✓ Open the pipette pack in preparation (Aptima Combo Assay Urine Specimen Collection Kit)
✓ Take the container containing the urine sample and place both down onto the prepared surface
✓ Take out the specimen tube from its pack (yellow tube). Unscrew lid and either hold tube or place down onto the prepared surface
✓ Take the plastic pipette from the pack
✓ Insert it into the urine sample and gently ‘squeeze’ to draw up 2mls of urine. The pipette has the required amount marked at the neck.
✓ Squeeze the pipetted urine into the yellow specimen tube. The urine should be visible in the central window (marked – fill area)
✓ Dispose of the used pipette directly into the waste bin. **DO NOT replace onto the prepared surface**
✓ Screw the lid back on the specimen tube and place to one side.
✓ Dispose of urine in container in waste bin along with; any packaging, paper towel and gloves
✓ Wipe work surface with warm soapy water or disinfectant and dry. Repeat between clients
✓ Wash your hands
✓ **Make sure specimen tube is labelled correctly**
1. Partially peel open the swab package as shown. Do not touch the soft tip or lay the swab down. If the soft tip is touched, the swab is laid down, or the swab is dropped, request a new kit.

2. Remove the swab. Hold the swab in your hand as shown, placing your thumb and forefinger in the middle of the swab shaft.

3. Insert the swab into your vagina about two inches inside the opening and gently rotate the swab for 10 to 30 seconds. Make sure the swab touches the vagina walls so moisture is absorbed by the swab. Withdraw the swab without touching the skin.

4. While holding the swab in the same hand, unscrew the cap from the tube. Do not spill the contents of the tube. If the contents of the tube are spilled, request a new collection kit.

5. Immediately place the swab into the transport tube so that the tip is visible below the tube label.

6. Carefully break the swab shaft against the side if the tube.

7. Tightly screw the cap onto the tube. Return the tube as instructed by the doctor or nurse.
Labelling Your Specimens Matters
NEW Specimen Acceptance Policy
Live April 1st

Specimens MUST be correctly labelled and request forms adequately completed. Don’t be the cause of specimen rejection, confusion and delay!

<table>
<thead>
<tr>
<th>Mandatory Labelling Requirement</th>
<th>Action by Laboratory if requirement not met</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Specimens MUST</strong> be labelled with 3 unique identifiers from</td>
<td></td>
</tr>
<tr>
<td>• Unique identification number (e.g. hospital number)</td>
<td></td>
</tr>
<tr>
<td>• Surname</td>
<td></td>
</tr>
<tr>
<td>• Forename</td>
<td></td>
</tr>
<tr>
<td>• Date of birth</td>
<td></td>
</tr>
<tr>
<td>The <strong>request form</strong> data MUST match the above information on the specimen or be labelled with another suitable unique identifier.</td>
<td></td>
</tr>
<tr>
<td>Drug administered, dose, time of last dose, time of specimen in relation to dose for therapeutic drug monitoring.</td>
<td></td>
</tr>
<tr>
<td><strong>Multiple specimens</strong> taken at different times on a patient MUST be labelled on the specimen container with the time (24 hr clock) when the specimen is taken. The <strong>request form</strong> should be labelled accordingly.</td>
<td></td>
</tr>
<tr>
<td>See section 8.1 – 8.3 for additional department specific requirements.</td>
<td></td>
</tr>
<tr>
<td>The <strong>request form</strong> data MUST match the above specimen information</td>
<td></td>
</tr>
<tr>
<td>• Surname</td>
<td></td>
</tr>
<tr>
<td>• Forename</td>
<td></td>
</tr>
<tr>
<td>• Date of birth/unique identification number</td>
<td></td>
</tr>
<tr>
<td><strong>Request forms SHALL</strong> also contain:</td>
<td></td>
</tr>
<tr>
<td>• the patient’s location/destination for the report (or a location code)</td>
<td></td>
</tr>
<tr>
<td>• Tests required</td>
<td></td>
</tr>
<tr>
<td>• Name of Consultant or GP</td>
<td></td>
</tr>
<tr>
<td>• Name of the requester and contact number (bleep or extension)</td>
<td></td>
</tr>
<tr>
<td>• Patient gender</td>
<td></td>
</tr>
<tr>
<td>• Date and time of specimen collection</td>
<td></td>
</tr>
<tr>
<td>• Anatomical site and type of specimen (where relevant)</td>
<td></td>
</tr>
<tr>
<td>• <strong>All relevant clinical information</strong></td>
<td></td>
</tr>
<tr>
<td>• Patient address for GP requests</td>
<td></td>
</tr>
<tr>
<td>No analysis will be performed. The event will be reported as an incident on Ulysses. Where the specimen is repeatable/ reproducible, no analysis will be performed and the specimen will be discarded. Where the specimen is unrepeatable/ unrepeatable, the risk to the patient of rejection of the specimen must be weighed against the risk of acceptance of a wrongly labelled specimen, local procedures will be followed. Laboratory Medicine will accept no responsibility for specimens analysed which initially failed to meet the acceptance criteria and will issue a disclaimer on such reports.</td>
<td></td>
</tr>
<tr>
<td>A lack of patient or specimen information may result in the laboratory not conducting the analysis / examination Examples could include:</td>
<td></td>
</tr>
<tr>
<td>• no swab site indicated</td>
<td></td>
</tr>
<tr>
<td>• no dates and times of sampling</td>
<td></td>
</tr>
<tr>
<td>• no clinical details given</td>
<td></td>
</tr>
<tr>
<td>• location for report delivery not given</td>
<td></td>
</tr>
<tr>
<td>It may not be possible to issue a report or to interpret results.</td>
<td></td>
</tr>
<tr>
<td>Appropriate comments will be made on the report where this can be issued.</td>
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</tbody>
</table>

If you have any problems/queries please contact Mary Hynes
Central Specimen Reception Manager Mary.Hynes@cmft.nhs.uk x64692
Gen-Probe Aptima Assay for Chlamydia trachomatis and Neisseria gonorrhoea

Training Points to note.
• Before sampling – store at 15-30°C
• After sampling – store swabs at 2-30°C for up to 60 days
• After sampling – store urines at 2-30°C for up to 30 days (in collection tubes)

Format
• Endocervical/Urethral swabs – use white shaft for cleaning cervix only. Use the blue shaft for sample.
• Urethral swabs/urine – should not urinate for one hour prior to sampling. Remove cap off collection tube; place swab in collection tube; break off swab at the mark; replace cap and tighten; shaft of swab must not obstruct cap; do not perforate foil cover on cap.
• Urines – remove cap off collection tube; transfer urine using disposable pipette provided; fill to the window on the side of the collection tube; replace cap and tighten.

Labelling
• Screening program ONLY: Write date of birth on the Chlamydia reference number (CRN) label and place on the side of the collection tube.
• All other clinics: write name (first and last name) or ID number (sexual health clinics) AND date of birth on the side of the collection tube.
• Write the date of the specimen on the tube
• Place specimen in the plastic bag attached to the form
• Ensure the form is correctly filled in with as much information as possible.

Disinfection
• The patient (specimen collection areas) and clinical (specimen transfer) work surfaces should be disinfected with sodium hypochlorite (bleach) a manufacturers recommendation for surface disinfection and following local codes of practice.

Please note
Each collection pack costs £1.64. Any over ordering of collection kits will be invoiced separately. This will be assessed by audit of kits requested against specimen requests submitted to the laboratory. A 10% tolerance limit will apply i.e. if 100 specimens are returned each month any supply of collection kits more than 110 will invoke an invoice. Please use the order form provided to fax request for additional collection kits.

Key messages
The laboratory will not be able to process the sample for testing in the following cases-
1 - Urines must be transferred from the urine pot to the Aptima collection tube (yellow) within 24 hours. It is strongly recommended this is done at THE TIME OF COLLECTION.
2 - Multiple swabs in one collection tube are NOT ACCEPTABLE. A separate collection tube must be used for each swab taken.
3 - The swab with the white shaft MUST NOT be used to take a sample.
RU Clear Screening Programme Adverse Events Form

Date

Location of event

Person completing form

Contact Tel

E-mail

Brief Description of the incident

Possible Causes of the incident

Planned Actions Taken Following the Event

Date Changes Implemented

Please fax back to 08432 166266 or e-mail to diane.cordwell@cmft.nhs.uk
CLINICAL VIROLOGY LABORATORY, MANCHESTER ROYAL INFIRMARY
APTIMA COLLECTION KITS FOR CHLAMYDIA AND GONORRHOEA

PLEASE FAX ORDER TO THE LABS ON: 0161 276 5744

<table>
<thead>
<tr>
<th>SITE CODE AND MAIN SITE NAME (Delivery Address)</th>
</tr>
</thead>
</table>

IF YOU ARE ORDERING OTHER SITES PLEASE ENTER ALL OTHER SITE CODES

<table>
<thead>
<tr>
<th>DESCRIPTION</th>
<th>CODE</th>
<th>COLOUR</th>
<th>Number of kits required</th>
</tr>
</thead>
<tbody>
<tr>
<td>VAGINAL SWAB</td>
<td>1162</td>
<td>ORANGE</td>
<td></td>
</tr>
<tr>
<td>URINE KIT</td>
<td>1040</td>
<td>YELLOW</td>
<td></td>
</tr>
<tr>
<td>ENDO CERVICAL</td>
<td>1041</td>
<td>PURPLE</td>
<td></td>
</tr>
</tbody>
</table>

To be used at clinicians discretion but not in high volume for RU CLEAR USE ONLY

PLEASE NOTE: Kit ordering is closely monitored and in some cases we may send you less than you have requested based on the amount of RU Clear screens you do. This is to prevent kit wastage within the programme.
Please fax back to 08432 166 266

RU Clear Screening/Site Code __________________
Site Name __________________
Contact Person __________________

<table>
<thead>
<tr>
<th>Screening Forms</th>
<th>AMOUNT</th>
</tr>
</thead>
<tbody>
<tr>
<td>Site Code Labels (for screening forms)</td>
<td></td>
</tr>
<tr>
<td>‘Your Test’ - Patient Information Card</td>
<td></td>
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<tr>
<td>How to tell your partner Card</td>
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<tr>
<td>Chlamydia Information Postcards</td>
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<tr>
<td>Gonorrhoea Information Postcards</td>
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<tr>
<td>Large Window Sticker – To advertise you offer Chlamydia screening</td>
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<tr>
<td>Large ‘How to order a test stickers’ (useful for all screening sites)</td>
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<tr>
<td>Pregnancy leaflet (gives info on Chlamydia and pregnancy)</td>
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<tr>
<td>National Leaflet – (Please note we only provide a laminated master copy, alternatively you can also be downloaded from <a href="http://www.ruclear.co.uk">www.ruclear.co.uk</a>)</td>
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<tr>
<td>GP Cards (Request for a test) – for GP surgery use only</td>
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<tr>
<td>Pharmacy Cards (Request for a test) - for pharmacy use only</td>
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<tr>
<td>Fast Track Referral Form (to refer patients to GUM Service)</td>
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<tr>
<td>Treatment Forms: Laminated master copy, alternatively you can print them directly from the RU Clear Website)</td>
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<tr>
<td>(A) Index Treatment form</td>
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<td>(B) Partner Information form</td>
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<td>(C) Partner treatment form</td>
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<td>Drug information for patients: Laminated master copy, alternatively you can print them directly from the RU Clear Website</td>
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<tr>
<td>Azithromycin</td>
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<td>Doxycycline</td>
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<td>Erythromycin</td>
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<td>Pre Paid Postal envelopes and transport tubes</td>
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<td>Take away Kits – Pharmacy use only</td>
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RU Clear Posters

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<thead>
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<th>AMOUNT</th>
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<tr>
<td>Pregnancy A3</td>
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<tr>
<td>How to order a test A3</td>
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</table>

Examples of New Artwork

- Gonorrhoea Postcard
- Chlamydia Postcard
- Window Sticker
- How to take a test sticker
What’s all the fuss - is it such a big deal?

**YES!** Chlamydia is a big deal. It is the most common bacterial sexually transmitted infection (STI for short) in the UK.

**BUT!** The problem is that most people have no symptoms. So most of you wouldn’t know you have it.

Chlamydia is a bacteria that affects the sex organs. If chlamydia is not treated the infection can spread to other parts of the body and cause pain, especially in the abdomen (lower stomach) and may cause infertility (being unable to have children). This risk is increased if you get infected again and again.

If you do get symptoms, these may show up 1-3 weeks after coming into contact with chlamydia, many months later or not until the infection spreads to other parts of your body. If you do get symptoms you might notice:

- unusual vaginal discharge
- pain when peeing or having sex
- bleeding after sex or between periods
- lower abdominal pain or painful testicles (balls)

If you have any of these see someone right away to check for an infection.

Even if you don’t have symptoms, if you are under 25 years old and have ever had sex, you can have a simple, free test to check for chlamydia as part of the National Chlamydia Screening Programme.

What is the chlamydia test?

The test is simple and painless and totally voluntary – you can refuse.

If you do want to have the test, you will be asked to fill in a form – ask for help if you want. We must have a way of contacting you with your results. This can be your address, mobile number or e-mail. You do not have to answer all the questions on the request form, but it helps if you do.

We will not tell anyone about what you tell us. Public Health England counts how many people in England have chlamydia. We will send them details of the results but not your name or contact details.

**The test:** you will be asked to give a urine (pee) sample or instead, women can take a swab from the lower vagina (a cotton wool bud is used to wipe the area).

The test will only tell you if you have chlamydia. If you think you have another infection (STI), like gonorrhoea, then you will need different tests. Please ask the nurse or doctor about this.
Where can you get this chlamydia test?

To find your local chlamydia screening services use the map or the postcode search that can be found on the right hand column of the website www.chlamydiadcreening.nhs.uk.

Otherwise, there are lots of local places where you can get a test; young peoples’ clinics, contraception/family planning clinics, your GP surgery, genitourinary (sexual health) clinics and some pharmacies. Just ask one of the staff if you can have a test.

What if you have chlamydia?

If you have chlamydia – we will give you free antibiotic tablets to treat it. The people you have recently had sex with will also need treatment and/or a test to stop them having problems in the future or passing the infection on. We will help you to contact your partners if you do not want to do so.

Do tell us if you could be pregnant, as you may need to have different antibiotics. Remember: antibiotics can stop the contraceptive pill or patch from working.

It is very rare for the chlamydia test result to be wrong. We’ll discuss this with you when you get your results.

If your test shows you do not have chlamydia but you have symptoms, please ring the contact number on this leaflet. It is possible you may have a different infection that needs treatment.

What can you do to stop getting chlamydia?

- Use condoms every time you have sex. This can reduce the risks of getting or passing on chlamydia and other STIs including HIV
- Each time you have a new sexual partner, both of you should get a chlamydia test
- Have a chlamydia test every year while you are under 25
- If you do have chlamydia, take all the tablets you are given
- Do not have any sex (oral, vaginal, anal or use sex toys) with partner(s) until they have been treated too.

For more information on the National Chlamydia Screening Programme visit the website:

www.chlamydiadcreening.nhs.uk

or you can call the Sexual Health Help Line:

0800 567 123
Text Phone: 0800 521 361

Or contact your local chlamydia screening office: